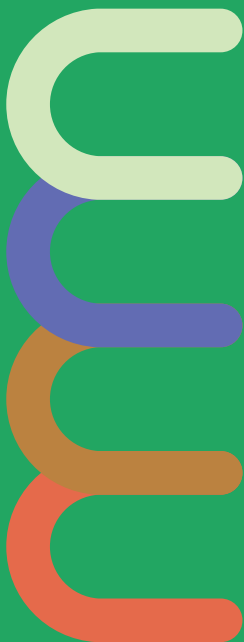


## TRAININGS ON SEXUAL AND GENDER DIVERSITY:

# LEARN MORE, GET EQUIPPED AND TAKE ACTION



### TRAININGS AVAILABLE

for anyone who  
works with youth  
and families

### RECOGNIZING LGBTQIA2S+ DIVERSITY

Lesbian, gay, bisexual, trans,  
queer, intersex, asexual/  
aromantic/agender,  
two-spirit and more!

### RESPECTING DIFFERENCES

### PROMOTING VALUES OF OPENNESS AND INCLUSION

En partenariat avec :

Québec 



Every person counts.  
Regardless of their age,  
physical appearance,  
immigration history,  
ethnic origin, gender  
identity, or sexual or  
romantic attractions.

However, according to Québec and Canadian studies, our society still has trouble fully recognizing the equality of people who are lesbian, gay, bisexual, trans, queer and two-spirit (LGBTQIA2S+).

### Prejudices remain:

- With regard to same-sex parents, **32%** of the population **thinks that a child needs to have different-gendered parents** to fully develop.<sup>1</sup>
- More than **40%** of the population surveyed says they **have witnessed homophobic or transphobic discrimination**.<sup>2</sup>
- Additional challenges exist for **Black and racialized LGBTQIA2S+ people**: school desistance, few racialized role models, and difficulties accessing health care, in part due to racism.<sup>3</sup>
- **Two-spirit people** face both interpersonal and systemic violence, including discriminatory treatment on the part of people in positions of power.<sup>4</sup>

**Homophobia, biphobia, transphobia, racism and sexism are all negative attitudes that can lead to rejection, discrimination and violence against people who are, or who are perceived as, LGBTQIA2S+. The normative cis-hetero social framework contributes to a lack of understanding of the realities particular to people with diverse gender identities and sexual and romantic attractions.**


We all have a role to play in educating ourselves about the issues that affect LGBTQIA2S+ communities and in building a world where all youth and families are celebrated and valued. Let's take action inspired by our values of equity, inclusion, justice and solidarity!

For many years now, the LGBT+ Family Coalition has been designing trainings and teaching materials that address family, sexual and gender diversity. We offer awareness-raising workshops for all professionals, across all fields, and for student communities in CEGEPs and universities.

The main goal of our trainings is social change, aiming to put an end to various forms of discrimination, violence and power imbalances and to make space for inclusive practices and safer spaces for the entire LGBTQIA2S+ community.



# Why take our trainings?



Learn about the  
latest scientific  
research

Have an opportunity  
for conversation and  
reflection

Share  
LGBTQIA2S+  
knowledge

Find out how to use inclusive  
approaches when you encounter  
issues on the ground

Improve your  
professional  
practices

Take away  
turnkey tools  
and resources

To date, more than **50,000 people** across the unceded Indigenous lands known as the Province of Québec have taken part in trainings from the LGBT+ Family Coalition. Join us!

Trainings from the LGBT+ Family Coalition cover a wide range of topics and can be structured according to your needs.

## Here are some of the topics we can cover:

- Family, sexual and gender diversity 101: definitions and information
- What do we know about LGBTQIA2S+ families? A survey of the research and of inclusive practices
- The additional challenges encountered by people living at the intersection of homophobia, biphobia, transphobia and racism: An anti-oppressive and intersectional approach
- The additional challenges encountered by Black and racialized LGBTQIA2S+ people
- Two-spirit: Introduction and colonial history
- Obstacles on the ground: strategies for supporting LGBTQIA2S+ youth
- How to welcome trans and non-binary people in schools, health services and social services
- How to reframe homophobia and transphobia in sporting activities and phys ed courses
- Preventing and intervening in bullying and harassment related to family, sexual and gender diversity
- Mobilizing a team for LGBTQIA2S+ issues: how to navigate resistance
- ... and much more!

**Our trainings are for you if you're involved in...**

## **A preschool, elementary school or high school**

Teachers, educators, administrative or management staff, support staff, professional staff (speech therapists, nurses, guidance counselors), parent members of the school board, and so on.

## **A CÉGEP or university**

Professors and students in disciplines such as education, social work, psychoeducation, nursing, psychology and more.

## **Health and social services**

Professionals working in the fields of youth protection, hospitals (medicine and nursing), psychosocial intervention, public safety, and more.

## **A community organization or association**

Workers, management or board of directors, volunteers, and so forth.

**In any other field or organization where you have interactions with youth or families.**

# TRAINING DETAILS

The various trainings provided by the LGBT+ Family Coalition range from one to five hours long. We always aim to accommodate your situation as best as possible while remaining focused on providing in-depth content.

The trainings can be provided virtually or in your physical space, across the entire province.

Our facilitation team will train you using dynamic, interactive teaching methods, and will provide you with a panoply of tools (exercise sheets, posters, best practices guide, list of resources, and more).

These trainings are offered according to your financial means thanks to subsidies from the Ministère de la Famille, the Ministère de la Justice and the Ministère du Travail, de l'Emploi et de la Solidarité sociale.

When trainings are given in more remote areas, the Coalition may ask the organization for a financial contribution to cover some of the costs..





For more information  
or to sign up, contact us at:

**LGBT+ Family Coalition**  
LGBT+FC

**T 514 878-7600**

**formation@famillesLGBT.org**



**COALITION DES  
FAMILLES LGBT+**  
LGBT+ Family Coalition

En partenariat avec :

**Québec**

- 1 Enquête téléphonique sur la perception et les attitudes de la population québécoise à l'égard des réalités LGBT. Ministère de la Justice, 2017.
- 2 Ibid.
- 3 Almeida, Jade. (2017). Rapport sur le racisme systémique vécu par la communauté LGBTQ+ montréalaise. Montréal, QC: Conseil québécois LGBT.
- 4 Hunt, S. (2016). An Introduction to the Health of Two-Spirit People: Historical, contemporary and emergent issues. Prince George, BC: National Collaborating Centre for Indigenous Health.