

A workshop to create environments inclusive of sexual and gender diversity



COALITION DES FAMILLES LGBT+ LGBT+ Family Coalition What to do for Mother's Day, Father's Day?

> How to explain family diversity to children and teens?

How to answer parents' questions?

Thousands of children in Québec live in families with lesbian, gay, bisexual and trans (LGBT) parents. Far from being a marginal phenomenon, the growing number of LGBT families is the result of a number of factors such as:

- A growing diversity of different family constellations, beginning in the 1960s (i.e. blended, single-parent, multicultural, etc.);
- A growing number of LGBT parents who affirm their sexual orientation or gender identity;
- The evolution of Québec laws that increasingly recognize the rights of LGBT families;
- Equal access to adoption and to new assisted reproduction technologies;
- A growing number of LGBT people that want to start a family.

Despite the increasing number, many people have the impression that they have never met an LGBT family or, even, that this type of family doesn't exist. LGBT families are sometimes absent from social representations of the family and the overall image of family diversity in Québec. Exclusion and silence are amongst the biggest barriers encountered by LGBT families. Because these families are often made invisible, practices are not always adapted to respond to their needs, which can have a significant impact on their well-being and most of all on their children.

How can i help my colleagues promote inclusion?

> How to support a teen who discovers that his parent is trans?

The workshop is for you if you are:

- A family community organization; a group of family organizations; a family home;
- An early childhood centre (CPE);
- A coordinating office or home childcare service:
- A subsidized or unsubsidized daycare; a school daycare service;
- Students who are destined for one of these work environments.

When professionals are better informed about the realities and research surrounding LGBT+ families, they work better as a team with parents to appropriately support and include children and teens.

The A place for every family! workshop provides tools for professionals who work with families and youth so that they feel comfortable talking about diversity and welcoming LGBT+ families into their environment.

The workshop A Place for Every Family! offers:

- information on terminology and basic concepts about sexual and gender diversity
- arguments to respond to myths and stereotypes about LGBT families
 - specific situations affecting these families



strategies and best practices to adapt settings and services to promote inclusion How to encourage the participation of lgbt+ families?

> How to encourage children's diverse gender expressions?

Practical Information

The workshop, A Place for Every Family! Can be either a 3-hour or full-day session and is given in the participants' workplace or elsewhere, anywhere in Québec. Experienced animators use teaching methods that are both dynamic and interactive. At the end of the session, participants receive practical tools including activities to carry out, posters, best practices, resource lists, etc.).

These workshops are offered FREE OF CHARGE thanks to a partnership with the Ministry of Families.

For more information or to register for a workshop, please contact:

LGBT+ Family Coalition T 514 878-7600

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En partenariat avec :

